

# THE Spiritist MAGAZINE

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## Abortion

by *Joanna de Angelis*

**12 Steps to  
Self-Discovery**

by *Divaldo Franco*

**Suicide in Childhood  
and Adolescence**

by *Claudio Sinoti*

**Why Are People  
Burdened With  
Disabilities?**

by *Brian Foster*

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# Regarding Children

Andre Luiz (Spirit) / Chico Xavier (Medium)

See in the child's heart the blueprint of the next generation, trying to support him or her in all directions.

Guidance during childhood results in prevention for the future.

\*\*\*\*\*

Sympathize with efforts that provide assistance to children, improving methods and amplifying tasks.

Educating the little ones sublimates Humanity.

\*\*\*\*\*

Collaborate decidedly in the recovery of maladjusted and sick children, striving for the reduction of infant mortality.

During corporeal childhood, the Spirit finds occasion to renew the basis of one's own life.

\*\*\*\*\*

Spiritist parents can and should enroll their children in schools with Spiritist Christian morals, so that the newly incarnated companions can safely start the new earthly experience.

Parents are spiritually responsible as the chaperones of those resurging in the school of the flesh.

\*\*\*\*\*

Incessantly distribute works of children's Spiritist literature by incarnate and disincarnate authors, collaborating effectively in the essential dissemination of the Eternal Truth.

Uplifting books vaccinate children's minds against evil.

\*\*\*\*\*

Observe when you should or should not take children to doctrinal meetings.

Order is an article of the law for all ages.

\*\*\*\*\*

Refrain from promising to the children who study any awards or gifts as a reward or (false) encouragement for the success that they will meet with at school so as not to addictively indulge their minds.

The notion of responsibility in the smallest duties is the starting point for the fulfillment of great obligations.

\*\*\*\*\*

Do not allow children to participate in meetings or parties that pollute their feelings, and, under no circumstances, offer them gifts, either toys or books, likely to encourage them to hold any aggressive or belligerent attitudes.

The child suffers deeply from the influence of the environment.

\*\*\*\*\*

Avoid enhancing the development of mediumistic faculties in children, nor allow them to witness activities where discarnates are being assisted, even when the children display disturbances of a mediumistic nature. In this case, they should receive help through prayer and the magnetic passes.

The Spirit will only gradually become acquainted to the realities of the incarnation.

\*\*\*\*\*

In every doctrinal disclosure, event or development, do not forget the unique position of educating children within the Spiritist Harvest, creating subdivisions and programs dedicated to children in particular.

Without a good seed, there is no good harvest.

\*\*\*\*\*

*"Let the children come unto me, and forbid them not, for theirs is the kingdom of God" –  
Jesus (Luke, 18:16).*

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Source: From the book *Conduta Espirita* by Andre Luiz (Spirit) psychographed by Waldo Vieira, chapter 21, published by FEB. The English version of the book was provided by the Spiritist Society of Virginia's team. Its copyright was given to the publisher. We await its publication.

## *Being Useful to Life*

***“Those who escape from the opportunity of being useful deceive themselves<sup>1</sup>.”*** Certainly there is no escape from our beautiful destiny: Life, eternal life. And yet, many nowadays doubt their divine role towards life.

The right to live, the right to give life. These have been current discussions around the world. We have especially observed worldwide protests towards women’s rights in regard to abortion.

In a world that has ancient ties with women oppression, we understand the cry for freedom. As the Nobel Peace prize winner and former American former president Carter has said, “...the most serious and unaddressed worldwide challenge is the deprivation and abuse of women and girls...”

However, let us observe that we are actually discussing two different rights: the right of women and the fetus’ right to live. Only a deeper understanding of the mechanisms of life will lead us to solving the current grave misunderstanding that has generated much confusion and serious consequences.

Most certainly, women have equal rights before God, but indisputably different roles. Such roles tan men have been challenged over the decades as society rightfully emancipates women in many dimensions. Nevertheless, we cannot forget that women still are the venue through whom a new birth is possible.

The Spirit is connected to the physical body at the moment of conception. Thus, any force against the natural process of gestation will come against the natural laws of life, which are the divine laws of life. Abortion then is

not an option, unless the life of the mother is at risk. The Spirit that is connected to the gestating body has its own right to live.

As Chico Xavier once mentioned, we better use contraceptives than think of abortion. And we would complement that our society needs to be more humane to favor women by providing better pregnancy care as well as postpartum care. Families and community need to be recruited to facilitate the process and embrace each pregnancy as a divine gift that cannot be ‘trashed out’ at all.

There will be a day in which the terrestrial population will grow ethical-morally enough to embrace the sacredness of pregnancy in all circumstances, while supporting women in their needs. Then, all will hold closely in their hearts the blessing of the right of being useful as vessels of life.

In this issue of the Spiritist Magazine, dear reader, we hope to provide you with more resources to support the cause of life in all shapes, forms and sizes. Let us together unite our voices of the heart and say yes to being useful to Life!

Vanessa Anseloni, PsyD, PhD  
Editor-in-Chief

<sup>1</sup> Conduta Espirita (Spiritist Conduct) by Andre Luiz through the medium Waldo Vieira, chapter 1.





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SPIRIT MESSAGE

“Every individual is a source of light because one is a source of love in oneself.”

Emmanuel/Chico Xavier (Book ‘Ceifa de Luz’ / Harvest of Light)

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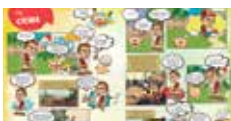
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# Spiritual Hallucinations

> Manoel Philomeno de Miranda (Spirit) / Divaldo Franco (Medium)

*As our visit to Gustav Ribeiro came to an end, Dr. Ignacio Ferreira led us to an infirmary where they found a diversity of patients: some were numbed, others agitated, all in a regrettable state of mental imbalance.*

There was unbridled shouting, deafening laughter, blasphemies and reproaches that mingled to convulsive crying and poignant appeals.

The spiritual ward differed very little from the terrestrial one. However, it was marked by its cleanliness and the special care towards the patients. Despite the turmoil, there was a psychosphere of tranquility and dedication to others, which was truly amazing. Observing the patients, I noticed that each remained in their world, totally alienated from reality, the needs of the companions in misfortune, and of the events around them.

Under the doctor's direction, we approached a bed, separated from the others by a folding screen covered in bright white fabric. We came across with a disfigured patient, the very stereotype of a hallucinated person. He screamed and struggled with desperation, as if he wanted to get rid of invisible assailants that afflicted him. I intensified my mental observation and detected that he was fighting against heinous forms that threatened and managed to attack him. Before the surprise, that later became natural, the kind friend explained to me:

"They are thought-forms that he himself elaborated during almost his entire adult existence, and of which he couldn't get rid off on Earth. They remained in his mental field after physical death. So vivid were the composition of those thought-forms that they became living. Now, they are nourished by fear and by the mechanism of his guilty conscience. Brother Honorius is also victim of himself, however different from Gustav, as we will later see it."

Inquiring about the procedures that happened before



that moment, Dr. Ignacio was informed that the room was ready. They only needed to anesthetize the patient to conduct him to the surgical room.

From one surprise to another, we left the infirmary with the small group that conducted the suffering Honorius, who was now asleep upon the special resource that was applied to him. We approached the opposite side of a room softly lit where we could find Euripedes Barsanulfo, Maria Modesto and the two mediums we already knew. In the air, we felt hovering vibrations of peace, since the room was taken by successive waves of wellness with almost imperceptible environmental melody that invited us to reflection and prayer.

After transferring the infirm to the surgical bed that awaited him and after brief considerations, the venerable Euripedes prayed:

“Jesus, Sublime Therapist,

“The spiritual infirm, which are almost all of us, is reunited once more in the Hospital of love that you

entrusted us to beg for secure guidance to conquer again the eternal health.

“Although we are knowledgeable of the sublime features of love, we are unable to apply them with the desirable efficiency, thus the reason why we appeal to your wisdom to inspire the application of the correct dosage of the liberating medicine.

“Longing to serve you, we got lost, many times, in the maze of petty and personal interests, leaving the enterprise of fraternity in secondary plan.

“Help us keep the indispensable moral strength, so we won’t deviate from the central objective of evolution, which is doing good.

“At this moment, come to us at the beach of compassion in order to assist us in the recovery of the castaway of earthly journey, whose organic vessel shattered at the coral reefs of passions.

“We put ourselves in Your skillful hands and we look forward to your guidance through the inspiration that we



need.

“Come, then, Doctor of souls, to assist us. We beseech Thee!”

Thanks to the anointing with which he uttered every word, as he silenced, the higher vibration remained in the room, generating emotion of peace and unlimited confidence.

Seated in a semicircle in front of Honorius’ bed, we noticed that Maria Modesto got into deep trance. As her facial forms changed, soft ectoplasm was externalized by the two ladies involving the medium, helping in her transfiguration. Her countenance turned expressively pale. Her breathing became oppressive. A strange sign grooved her face drawing a strange figure, almost a mask of sarcasm, similar to the oil paintings representing Satan. And in between roles, it began to boast:

“I am the Lord of the vandals and perverse. I’m the whip that stimulates and punishes. I am Mephistopheles that Goethe utilized for his Faust. I attend to the calls. I inspire. And I lead those who are fond of me and then owe me their souls. When I feel appropriate I snatch them for my domains. What is the problem here that requires my presence? As you can see, I spontaneously come to find out what you want.”

Euripedes replied with gentleness, “We recognize all the prerogatives of the friend who visits us, which constitutes a great pleasure and a special honor, receiving you with affection and fraternity.”

“Cut the nonsense. What do you expect from me?”

The Mentor replied, “First of all it is an encounter of friendship. Since we respect the beliefs that please you, we wish to clarify that, unfortunately, the power that uproar is devoid of foundation, since you, dear friend, are a created Spirit, subject to the laws that govern life, though possessed of magnetic resources that could be applied in more useful way. Moreover, despite your apparent strength, another one is more powerful than all of ours, which is the one that comes from God, innate in His ministers and, especially in Jesus.”

He blustered, oddly laughing, “Where are they? What are these decanted forces that I don’t know of? I am strong and I am supported by more secure power. Honorius is mine, and I have him for as long as I like, and so he wanted since he signed a pact with me forever, once I provided for pleasure and enjoyment. Since I honored my part, he will have to match the commitment.”

The teacher of the Gospel replied, “We don’t ignore that the patient kept wide mental colloquia with you. However, his reasoning criteria were disturbed by insanity of which he was already affected, in spite of the apparent balanced conduct. He preferred to live in your mental world than the dignifying experience of the moral world. In that escape from reality, Honorius connected with you, friend, who took advantage of his weakness giving



him false ideas and providing perverse incentives. And the same occurred with you when you became victim of others more perverse who have been exploiting you...”

He then roared in noisy laughter of derision, “And who is this exploiter to which you refer? I am the lord of my actions and I move in the area that pleases me, where I’m respected and feared.”

“Indeed,” elucidated Euripedes. “You are more feared than respected because you transit among the blind, pretending to possess full and clear vision of reality. Remember the statement of Jesus when he said that the blind who leads other blind individuals tumble with them in the abyss... And that has already happened, since yours is the region of ignorance, true abyss where they buried all the aspirations of the being. But, Jesus is the liberating light, and for Him we are calling you during this distressing moment of your life.”

Raged in disgust he said, “I realize that you don’t know me at all. I regret that you don’t have information





about myself, even though I have much reference about your person. And because I know who you are, I have no fear confronting you. At this moment, I wish to measure strength with the adversary..."

Undisturbed, the Mentor replied:

"It is not in our interest to measure strength, because I recognize not having any. The little I possess is not mine, in fact it is mercifully granted to me. Furthermore, we rely on love, and with love we hope to find peace and understanding to walk together towards the Great Light."

"It doesn't interest me big or small light," he accentuated with disdain. "I already have my essential clarity, the one that dictates the steps. However, the question is another. It is about Honorius; nothing else interests me."

"I think differently," adduced the counselor. "I think this is about you who are suffering and hide it with the mask of indifference. Our brother Honorius, who has been your victim, naturally requires liberation, so that you can later be free of your own conflicts."

"That doesn't either interest me or you," he reacted with verbal violence. "I will continue as inclement collector to whoever owes me, to whom I offered everything as requested. And I will accomplish it with the severity that the subject requires."

"Again our friend is mistaken," Euripedes serenely clarified, while the troublemaker was foaming with wrath. "The only real donor is God to which all belongs. What it seems to belong to us is actually His property, especially with regard to power, what in the world is always transitory and in vain. By a process of affinity, Mephistopheles stimulated mentally the imprudent, since both sailed on the track of illusion, providing disturbing and demented experiences that settled in his mind. That generated psychic forms that condensed when he resorted to the images for delight in the hallucination that assailed him."

"I demand respect!" he furiously retorted. "I didn't come here to be disregarded. My problem is with the treacherous bandit, but I can accept the challenge and face you, because I am determined and I know what I need, as well as the best way to get it."

Without losing the serenity, on the contrary, Euripedes contested:

"It is not our goal to either disrespect, subject, or intimidate you. Our Guide is Jesus, who always conquers with love and compassion, never with violence. His compassionate mercy descends today upon you, as it has always happened, although our friend has not detected it earlier on. We would like to clarify that you, Honorius, all of us are children of God, and we are not helpless. It is certain that he has compromised and made a mistake. Who may cast the first stone, free from error? However, through the imposed suffering, Honorius has already redeemed the debt, being in a position to start a new illuminative experience to grow and break free from the inferiority that weights on his moral economy."

He then interrogated with arrogance, "What if I don't allow it?"

Euripedes clarified with tranquility, "God will do it through Jesus to whom we deliver the operation tonight. What we want is that the friend-brother acknowledges the time that has been wasted in the illusion to maintain yourself as a character who has no real existence. As we know, the myth of the devil is outdated, though the folly of some Spirits who wish to assume its behavior and give it legitimacy in a senseless effort that goes beyond fantasy. Nobody runs away from oneself and from the own mental files of their achievements... At this point, we will invite you to remember your personal experiences, leading you in a journey to the past, when you installed the absurd idea of being Mephistopheles."

In a continuous act, Dr. Ignacio approached the medium and began to apply dissolving energies to the cerebral center, so the memory of the spirit unwinds the

mental inductions to which he was subjected. At the same time, he started inducing him to deep sleep, using the resource of calming words in monotone and repetitive way. Without much reluctance the visitor fell asleep. He was stimulated to go back to the past in the 19th century, when he was an actor on stage representing the dramatic figure of Faust's tragedy.

While repeating Goethe's words enunciated by Mephistopheles with arrogance and exuberant attitude, the benefactor clarified:

"You confused the character of the tragic fantasy that gave life in the theater with the man of terrestrial reality who was equally distraught, conceited, dreamer and seeking triumph in the spotlight of human interests, without any structure supporting the inner spirituality. Repeating the role that fascinated you, you introjected it in such a way that you went on to live it in daily life, moving into the shrubbery of self-obsession. In your turn, while discarnated you became the victim of a skilled hypnotist that induced you to take the perverse form so that you could be useful in pitiful spiritual disturbance processes, to which you were thrown off guard and insane as it has been. Face the different reality now. You are son of God and need to be happy. Abandon the sad and illusory attire that covers you."

While the Spirit displayed different facial expressions that ranged from bewilderment to terror during the appropriate clarification, Euripedes continued:

"The period of hardship also ended. Behind the mask there is always a distressed human being without script, hiding the pain under the mask of illusion. You deserve to wake up to a new reality, starting the dignifying experience, one that builds the truly harmonized inner self."

Dr. Ignacio continued applying passes of energetic dispersion to the Spirit, allowing the ideoplastic constructions to dissipate, while Euripedes gave greater emphasis to the voice, accentuating firmly:

"Auguste, wake up to reality and life. Resume your human shape, the one that you wore during the journey on Earth before the hallucination. Get off of the stage and return to reality. You are among friends that understand your inner drama, which is not the subject now. You are very welcome here. Nobody either escapes from themselves forever or the laws of God, which reaches everyone wherever we are. Wake up... wake up... and welcome, my brother."

The Spirit began to squirm himself in the delicate mediumistic apparatus, breathing with difficulty. While the attire formation and the facial mask diluted, he began reconstituting and assuming the personality that belonged to him, curving as someone of old age with back problems, to finally be taken by convulsive crying, which made it difficult to talk.

"Calm down, my friend!" Euripedes gently proposed.



"Every rebirth is painful, especially when it happens through the abandonment of fantasy to reality, of madness to reason. Everything now is passed, and you have a blessed future that awaits you. Now it is necessary to rest, to sleep and to dream with Goodness, so tomorrow arises from the mists of yesterday with the clarity of joy to live."

At that time, while Dr. Ignacio preceded applying energy of restorative balance, they unraveled the ties between the communicating Spirit and the perispirit of the medium. He was placed on a stretcher that was behind the semicircle. Later he would be transferred to the proper infirmary, where they would continue his treatment.

Under psychological climate of joy before the success of the spiritual accomplishment related to brother Auguste, Honorius woke up since he was called up by Euripedes. He soon resumed his hallucinated posture. The thought-forms exhausted him in the terrible vampirizing process



of his spiritual energy. They surfaced to his consciousness and he began to rave, assuming grotesque and scabrous postures, which were the residues of his moral and sexual conflicts in disarray, experienced by the tormented mind.

Within the blessings of the psychic climate, one of the ladies therein present, Mrs. Ernestina, visibly in trance, stood up and approached the infirm. She radiated admirable light that bathed her in silver-violet color tone, spreading out to the small room, while giving it a special tone.

At that moment, Euripedes indicated:

"Honorius, you are no longer in the body where you were hidden. You are a Spirit freed from matter, but stuck to your sensations. You no longer need delusional pictures to find pleasure. While you don't change your attitude towards life, discovering other values, you'll remain in that state of madness. Wake up to the reality in which you are

and start to experience it."

Holding Honorius' hands tightly, Euripedes commanded:

"Wake Up! Abandon, for brief moments, the sexual fantasies and daydreams. Wake up, we order you in the name of Jesus, the Christ!"

As the voice assumed energetic expression, successive waves of energy radiated from the therapist (Euripedes) involving the patient. They diluted the mental images that existed as true wrap around his head. Honorius, as he was being called, seemed to awaken, altering facial expression. His eyes regained normality, bathed in weak luminosity. While babbling disconnected words in slow return, Honorius woke from a long lethargy filled with ceaseless nightmares. He noticed the benefactor and listened to him, as he proposed:

"Observe where you are. You are not alone as usual. Here are some friends interested in freeing you from long suffering, from the madness of impossible pleasure. Return to consciousness and take a good look around you..."

The patient responded to the request almost automatically, and cried when he saw the spirit communicating through Ms. Ernestina:

"My God, an Angel! Is she the mother of Jesus?"

"No, my son. I am your poor mother, who comes to your aid in the name of our spiritual Mother, the Mother of Jesus."

The patient was taken by sincere emotion and stood up from the bed, kneeling down on a sudden impulse. He bent almost to the ground trying to kiss it in a deeply moving gesture. Then, he explained:

"Mommy, go back to heaven because I don't deserve your presence. I am a swamp and you are a lily of God. Do not torment me with your visit, because I am hateful and I must be dreaming..."

"No, my son, you are awake. This is not a dream," she elucidated with kindness and tenderness that mingled in vibrations of peace. "You no longer are among the people of the Earth. Death, this benefactress of us all, brought you to the realm of truth, where nothing remains hidden, and the opportunities of elevation are enriching. The afflictions should have stayed with the body that perished, but you brought them within your inner world that is closed to the light of discernment and to the unconstrained trust in God. Now, your afflictions should cease."

Honorius cried and smiled in a simultaneous mixture of profound sadness and joy that embraced him. After a brief pause, which should have helped him absorb the considerations, the mother continued:

"I visited you during the long years of our physical separation, but you were not able to identify me. The loneliness you suffered due to several factors, instead of directing your mind to God and peace, pushed you to the spectacular getaways in the direction of delirium and



moral abjection. We do not want to judge your conduct. We just want to inform you that all of this is now in the past, but the future offers a thousand ways of remaking, of renewal, of uplifting work. You've never been really alone...

"When we could, we tried to give you courage against the vices and inspiration to endure the burden of solitude that you needed for evolutionary enforcement. Opting for daydreams, you joined vulgar Spirits that explored you both psychic and physically, while they partook in the banquet of moral perversion. But now everything begins to change. Keep yourself awake and stand up, my son, to join our energies in an embrace of ineffable love."

The venerable Entity reached out to the medium, pulled her arms and helped the astonished son to rise. Trembling like green sticks, he was girded by the mother, while resting his sweaty and sore head on his mother's shoulders, sobbing, and babbling: "I didn't know! I didn't know..."

"Jesus, my son," highlighted the noble visitor, "is our path to Truth and to Life. Seek Him in your reflections. Follow Him in your mental behavior and spiritual attitude. There is always time to restart and to serve. Don't deter yourself. As far as it is within my reach, I'll come to visit you, because I work in another field of activity that is not in this city. Our love will facilitate our mental exchange and it will give us strength to recover together the wasted time, the missed opportunities, and the service that was not performed."

Helping him to sit on the bed, she sweetly concluded: "Never forget the love of God. As you get to know the meaning of this moment, even if returning to the vicious clichés of your consciousness, react and think of God, looking for the texts of the Gospel to find enlightening material for your inner growth.

"Take heart, son of my soul! May God bless and sustain you!"

Thanking the group that created the psychic conditions for the communication, she moved away from the medium that regained conscience.

Honorius breathed without much difficulty, while the tears slowly streamed down. In reflection, he tried to fixate in his mind such occurrence of high significance. However, he did not show the delusions that characterized his behavior before.

Peculiar silence was in the air when Euripedes concluded the meeting by praying:

"Wise Doctor of souls!

"As we end the spiritual operation of the liberation of Spirits entangled in the predicament of error and sorrow, we recognize that it was You the one who acted for us and through us, externalizing your ineffable love that impregnated them freeing them of their own selves and opening their horizons to whole inner health.

"We thank You, Benefactor of Earth, and we humbly



bow before Your magnanimity, beseeching that You don't abandon us during the long march towards elevation, lest we lose Your direction, which is our safety.

"Beseeching that You involve us all in Your mercy, we conclude the work tonight, preparing us for the permanent tomorrow of our lives. Therefore, be with us today and always."



was offered that far, while Dr. Ignacio, Albert, and I headed to our rooms.

We walked silently. Since the occasion allowed the opportunity, I asked Dr. Ignacio:

“Will Honorius remain lucid from this point on?”

“Not entirely,” he responded with affability. “The processes of prolonged self-obsession leave many sequels that only time and the patient’s effort can drain them, overcoming them all. In this process, as we have seen, the patient experienced the harassment of his obsessing partner, who remained at a distance, but linked by thought, inducing him constantly to the experience of vulgar pleasures. He was victim of personal imbalance and of perverse connection. Helping the one that disturbed him, who will actually face the consequences of his unfortunate actions, Honorius has significant mental reconstruction work to be done as well as the restructuring of his thought and the transformation of his moral conduct. However, under appropriate treatment that will be extended whenever necessary, Honorius will be able to readjust to the correct, moral and healthy pattern.”

“And what will happen with Mephistopheles?” I asked out of curiosity.

“He will be assisted as he deserves. On his turn, he will be disconnected from the other unfortunate accomplice who used him for vulgar processes of that nature. Our relationship with one another generates effects correspondent to the binding degrees. When we help someone, who begins to positively contribute in the social group in which he belongs, the love “interest” is also added to us, since the important is the initial act of help. The same way when we are responsible for degradation or fall, unhappiness or disarray of someone, the entire volume of failure that appears is added to our original attitude, the one that gave way to the madness that took place from there on. This is why the good is always better, more beneficial, and more positive for those who perform it. We must never squander the opportunity to serve, to love, to contribute in favor of progress, no matter how small our contribution is or if it is less valuable to us. We are invited to build, never to disturb. We are invited to lift love to the heights and we shall never impede its advancement, no matter the justification we may find.

Silencing, we naturally respected the natural weariness. Soon after, we reached the apartment where I was lodged. I said goodbye to Albert and to the noble missionary of Psychiatry, seeking also convenient rest.

We could notice his emotions beyond words and his real humility involved in beauty and gratitude.

Then, after brief moments of edifying conversation, Euripedes said goodbye and walked away with the mediums, heading to new duties.

Honorius was led to another individual infirmary, where he would receive different assistance from which

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*Book Tormentos da Obsessão (Torments of Obsession) by the Spirit Manoel Philomeno de Miranda by the medium Divaldo P. Franco, chapter 17, LEAL publisher. The book was translated by a team at the Spiritist Society of Baltimore in 2012 under the coordination of Vanessa Anseloni. We await its publication.*



# *Let Us Understand*

▸ Casimiro Cunha (Spirit) / Chico Xavier (Medium)

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My friend, if you seek  
The glory of redemption,  
Turn on the light of the Gospel  
In the temple of the heart.

Let light shine strongly  
In the depth of your being.  
Those who cannot see it  
Can't either understand it.

In this illuminated blessing  
We will find  
In each person, their own plan,  
In each place, their own thing.

The experience on earth  
Will go smoothly without conflicts,  
You will win fearlessly,  
Without being offended by evil.

With illuminated spirit  
To the holy light of love,  
No one will be a stumbling block to you  
In the path to the Lord.

You will behold the ungrateful  
Of the transitory journey  
People who got sick  
of vision and memory.

In companions in darkness,  
rude, hard, angry,  
We will see our brothers  
Of broken nerves.

In blasphemous tongues  
You will find, many times,  
unhappy ignorance,  
The cold, the hunger, the nakedness ...

You will notice, seeking the Master,  
On the stones of the hostile camp,  
In vices and in sins,  
Diseases and shadows thousand.

Let us therefore seek with Jesus,  
The greater understanding,  
In order to win, shining,  
In the struggles all around.

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Source: Book Gotas de Luz (Drops of Light) by Casimiro Cunha (Spirit) through the mediumship of Chico Xavier, chapter 4, published by FEB. The English version is translated and under revision. Kardec Radio ran a live study of the book, which is published in the YouTube channel of Kardec Radio.

# *The Genius*

LA REVUE SPIRITE

> Anonymous Spirit / Mr. M (Medium)



**Q**uestion - Is genius given to each Spirit according to its conquest or according to a divine law in relation to the needs of a people or of Humanity?

Answer - "Dear children, genius is the radiance of previous conquests. This radiation is the state of the Spirit in detachment or in higher incarnations: there are, then, two distinctions to make. The most common genius among you is simply the state of a Spirit, of which one or two faculties have been unveiled and in a state of free action; one received a body that allows its expansion to the acquired fullness. The other kind of genius is the Spirit that comes from the happy and advanced worlds, where acquisition is universal on all points; where all the faculties of the soul have reached an eminent degree unknown on Earth. These species of genius are distinguished from the other by an exceptional aptitude for all talents, for all studies.

They conceive of all things by a sure intuition, which confuses the science taught by the wisest. They are distinguished in kindness, in greatness of soul, in true nobility, in excellent works.

They are headlights, initiators, examples. They are individuals from other lands, coming to make the light shine from above in a dark world, just as some sages from a civilized capital are sent among the barbarians to instruct them. Such were the individuals among you who, at various times, advanced Humanity, the wise individuals, who have extended the limits of knowledge and dispelled the darkness of ignorance. They came and perceived the earthly destiny, as far as they were from the realization of such destiny. All laid the foundation of some science or were the culmination of it.

Genius is not, therefore, gratuitous and is not subordinated to a law; it comes from the individual themselves and from their background. Think that the background is the whole humanity. The criminal is so because of his antecedents; the person of merit, the person of genius is superior for the same cause. Not everything is veiled in the incarnation to the point of

nothing to be showed of our previous being. Intelligence and goodness are very bright lights, very fiery focuses so that earthly life reduces them to obscurity.

The atonement to be felt may well veil, attenuate some of our faculties, numb them, but if they have reached a high degree, the Spirit cannot entirely lose its possession and exercise; it has the certainty that it is always at its disposal; often it cannot consent to depriving himself of them. This is what causes the very painful lives of certain advanced individuals, who preferred to suffer for their high faculties to let them go erased for a while.

Yes, we are all, by hope, and some by remembrance, citizens of these high heavenly spheres, where thought radiates pure and powerful. Yes, we will all be Plato, Aristotle, Erasmus. Our Spirit will no longer see its acquisitions pale under the weight of the life of the body, or be extinguished under the weight of old age and infirmities.

Friends, this is truly the most sublime hope.

What are all these together with the dignities and treasures, which were laid at the feet of these individuals? The sovereigns begged for their works, disputed their presence. Do you think these vain honors flattered them? No; the memory of their glorious homeland was very much alive. They returned happily upon the ray of their glory to the worlds their spirits incessantly desired.

Earth! Earth! Cold, dark, agitated region; blind land, ungrateful and rebellious! You could not make them forget the heavenly homeland where they lived, where they would live again.

Goodbye friends! Be assured that every good man will become a citizen of these happy worlds, of those splendid Jerusalem, where the Spirit lives free in an ethereal body, possessing without clouds and without veils all his conquests. Then you will know all that you aspire to know, you will understand all that you seek to understand, even my name, dear medium, which I do not want to tell you.

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Source: Message received by medium Mrs. M. on March 13, 1867 in Douai, France, as in the Revista Espírita by Allan Kardec, May 1867, published by FEB.





*Why are people  
burdened with  
disabilities?*

ESSENTIAL

Brian Foster



## Abstract

Seeing poor souls in misshapen bodies, or those with other types of severe disabilities is one of the main reasons why many people question the existence of God. How could God be so cruel? Unfortunately, some spirits must go through these types of trials. Find out the reasons in this article.

## Introduction

Yvonne A. Pereira, psychographed the book, *Memoirs of a Suicide*, published in 1955, with the help of two Spirits, the first is Camilo Candido Botelho (his real name is Camilo Castelo Branco), a Portuguese writer who committed suicide on June 1, 1890. He wrote 58 books and was known as the Portuguese Balzac<sup>1</sup>. His eyesight was failing and he decided he didn't want to live any longer without sight. The other Spirit is Leon Denis, who was one of the leading apostles of Spiritism after the passing of Allan Kardec<sup>2</sup>.



The Spirit author, Camilo spent some time in the lower zones, a very unpleasant episode, and when his intended life span completed, he was picked up and taken to the Mary of Nazareth Hospital. The entire complex was controlled by the mother of Jesus and was dedicated to suicides. Camilo endured a lengthy process to recover from his desperate act. As part of his recovery he and the group he was recovering with, was able to speak with knowledgeable Spirits about the various aspects of the Spirit Hospital complex in which they spent their recovery. One of the areas of the Hospital contains the spirits who still live in a stupor, unable to function in the Spirit world. Camilo is told about this pitiful group;

“Be on the lookout for this new sort: the cocaine users, the lovers of opium and narcotics in general, addicts that succumbed to the ultimate state of decadence that a spirit, a creature of God, could fall into! They are in a lamentable state of vibrational depression. They are the true mental cases of the spirit world. They are morally, mentally and spiritually wretched because their monstrous vices not only

drained and killed their physical body, but extended the dreadful consequences of their abominable intemperance to their astral body, contaminating it with impurities and pestiferous influences that polluted it atrociously<sup>3</sup>.”

Camino saw these spirits and described them as “Dazed, weepy, suffering, disheartened”<sup>4</sup>. He was told these misguided souls would be aided so they could at least understand their present situation and how they came to such a state. This is what Camino saw in the first part of the 1900’s, imagine the horde the Spirit World receives every day in our present age, more than 100 years later. We now have giant pharmaceutical companies pushing mind altering drugs at us, new forms of high invented annually, and with a culture that actively promotes such behavior as a desirable state.

## Reincarnation of Suicides

Camino wanted to know what will happen to them. He was told, they will reincarnate as they appear;

“Amid the suffering of the gloomy corners of the earth, and in the most wretched levels of society. Others will be the cancer-stricken, the paralytics, the mentally impaired, the hysterics, the convulsives, the incurable diseased beset with complexes that will challenge the noble science of earthly medicine... They will be an unpleasant burden on human society because they are the offspring of it and its wrongs; hence it is only fair that this same society house them and keep them as long as necessary – until such a calamitous situation is diminished!”<sup>5</sup>

We do have to pay for our wrongs, and not only us but the society that encouraged the behavior must also recompense. The message is for those who attempt to flee life, whether by inducing themselves into a temporary forgetfulness of their circumstances or by ending their life; you are not allowed to skip school. We are put here on earth for a reason and if we try to avoid that duty, we shall be reminded of the consequences eventually.

Camino is shaken by the prospect of a lifetime of punishment and asks, “If I understand correctly, is the punitive reincarnation that awaits these wretches simply forced on them by this section of our Department as a medical treatment? ... Is it an antidote ... a remedy?”<sup>6</sup> He receives an answer:

“Yes! It’s just a medical treatment! A type of treatment that the urgency and gravity of the illness imposes on the patient! A dolorous procedure, but one we do not hesitate to use, because we know that only afterward will their real convalescence begin. However, it will not be a punishment per se, because no one will



have inflicted punishment or handed down a sentence; on the contrary, all of us here who serve the Law will have made every effort allowable to bring relief to their dreadful situation. What it really is – really! – is the effect of the cause that the patient himself created with the excesses he took pleasure in.”<sup>7</sup>

Thankfully, Camino is told that Mary’s hospital watches over each one and gives them constant care. When the spirit is finished with their sojourn, the hospital takes them back and prepares the spirits for a normal life, a life where they will be able to improve themselves.

## Reincarnation of Criminal Suicides

Next, Camino and his group, walk through another ward, full of more painful scenes, black terrible thoughts emanating from each of the patients. Camino wishes to know why such awful feelings from each of the bed ridden souls, his inquiry receives an immediate response;

“But how could it be otherwise? After all, they were the moral criminals; tormenters who, compelled by the turpitude of their own instincts, harmed and injured their neighbor; human monsters that satiated themselves with the misery they inflicted on the hearts and lives of others... How could rooms such as this one not be contaminated by darkness, when such





darkness originated from inside these men; when they had taken pleasure in its folds, causing it and bringing it into their social and private lives, and then making it worse with the horrific blow of suicide?! ... There they lay, in their sick beds, exactly as they had been while on earth: gallant men, seducers, deceivers, hypocrites, liars, corrupt, often occupying the highest positions in society.”<sup>8</sup>

Reading this, when we hear of some high level criminal escaping their crime by suicide, and think regretfully about how they adverted their just punishment, we now know differently. Their punishment is beyond what we could imagine, not just some time behind bars, where they will lose their freedom, but still get three square meals per day, but a lifetime to think about the possibilities of redemption. These criminals, whose last thought was that they were able to run away from all responsibilities, will be reincarnated as, “mentally-impaired, insane, epileptic,

deaf and even blind individuals, ... and in the degree equivalent to their crime.”<sup>9</sup>

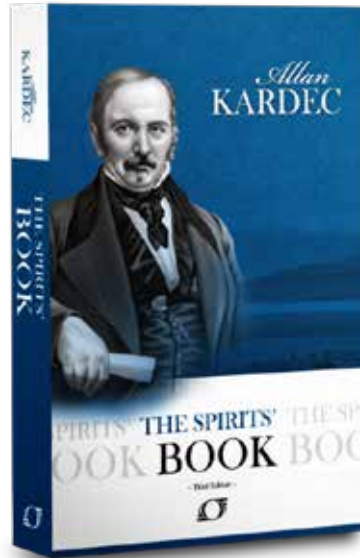
Even the weight of the crime will not preclude these spirits from receiving help in the physical world. The Hospital administrators report that many will be reincarnated close to mediums who are able to assist them to restore balance in their lives. Plus, they will be watched over by the Spirit world to lend assistance to all who attempt to find the right path.

Camino, seeing the rows upon rows of the afflicted spirits, wonders why the punishment must be so harsh, after all people commit crimes every day. He is told, “Have you forgotten the tears these wretches made their brothers and sisters shed by inflicting them with torments caused by their selfishness and other vile expressions of their criminal hearts?”<sup>10</sup>

A more detailed explanation of the process of reincarnation is in my book, *The Case for Reincarnation – Your Path to Perfection*.

## “Pain” the Teacher

The path to redemption is long and laborious. We all must pay for what we sowed. In *The Spirits Book*;



The path to redemption is long and laborious. We all must pay for what we sowed. In *The Spirits Book*;

999. Does sincere repentance during the earthly life suffice to efface the faults of that life, and to restore the wrong-doer to the favor of God?

“Repentance helps forward the amelioration of the spirit, but all wrongdoing has to be expiated.”<sup>11</sup>

Hence, there is no shortcut. No easy path for redemption. We can’t lie our way out, we can’t hire someone else to take the punishment and there is no one to bribe to let us off the hook. We must pay the bill with our own time and labor.

At the end of the long tour through the wards of the truly pitiful spirits, Camino is told that all will recover eventually. The method is described by those whose love and compassion will direct the care of the mournful spirits.

“Pain the Teacher will correct their anomalies and reconcile them with the Law! God is Infinite Mercy, my friends! He wants his people to live in harmony with the eternal beauty of his laws! And since we know that these laws are incorruptible, it is up to us to obey and respect them so that we don’t wind up having to drink the bitter gall of the consequences that we created for ourselves with our freewill when we left the natural and luminous pathway.”<sup>12</sup>

Does this seem harsh? That we have people with heart rendering disabilities around us, people who are wonderful friends suddenly die of an incurable disease, is a daily tragedy on this planet. This is why, we are



living on a planet of atonement. A place where we are learning to become better spirits, a place where, I am sure, all of us, has in some distant past have committed a heinous crime, where we too, had to pay a lifetime of debt. Remember, that most spirits, once they realize the extent of their wrongs, sign up and ask for their penance. Knowing that we all are immortal, it is natural for the wiser ones to discharge their debt by a seemingly brief, in the scheme of things, horrendous stay on earth. With the aspiration, after the trial, to once more restart the ascent.

Your life has more meaning and complexities than you realize. There are levels of the spirit world that helps us and hinders us. To understand how your individual fate is determined, tracked, and evaluated please read my book, *Explore Your Destiny – Since Your Life’s Path is (mostly) Predetermined*.

I will end with a message from the author, Yvonne Pereira, who in a footnote, made this plea directly to all of us; “You, who are reading these pages! When you come across brothers or sisters suffering such abnormalities, do not shy away from silently praying in their presence: your harmonious vibrations will also be an excellent therapy!”<sup>13</sup>

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# *Love and Renunciation*

> Humberto de Campos (Spirit) / Chico Xavier (Medium)

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The shroud of the night fell softly on the landscape of Capernaum. After one of the greatest popular gatherings at the lake, Jesus returned to Peter's house in his very company. Through his divine word, Jesus had offered luminous clarifications upon the commandments of Moses. Simon, however, was pensive as if he remained doubtful within his heart.

Kindly queried by the Master, the apostle clarified, "In the light of your teachings, Lord, how should we interpret your first manifestation turning water into wine at the wedding at Cana? Was it not a worldly party? Wouldn't have wine have led to the promotion of drunkenness and gluttony?"

Jesus understood the scope of his inquiry, smiled, and said, "Simon, do you know the joy of serving a friend?"

Peter did not answer. Then the Master continued, "The wedding at Cana was a symbol of our union on the Earth. There, the wine was the joy with which I wish to seal the existence of the Kingdom of God within the heart. I am with my friends and I love them all. The affections of the soul, Simon, are mysterious ties that lead us to God. Let us sanctify our affection, providing our friends with maximum joy. May our hearts be a bright room where they feel tranquil and blissful. Let us always have new joys that comfort them. Let us never contaminate the source of their sympathy with the shadow of grief! The most beautiful hours of life are the ones that we employ in loving them [our friends] and enriching their innermost satisfactions."

Showing, however, some discomfort caused by those counsels, Simon Peter still questioned the Master with certain shyness, "And how should we proceed when friends do not understand us or when they repay us with ingratitude?"

Jesus placed a lucid gaze on him and responded, "Peter, true and sincere love never expects rewards. Renunciation is its foundation, as the act of giving is the essence of its life. The ability to feel great affection is already a treasure in itself. The understanding of a friend should be the greatest reward for us. However, when the light of understanding is postponed in the spirit of those we love, we must remember that we have the sacred

understanding of God that knows our purest resolutions. Even if all of our friends in the world were converted, one day, into our adversaries, or even into our tormentors, they could never deprive us of the infinite joy of having given them something! ..."

With his lost look in the twilight landscape, where subtle harmonies vibrated, Jesus prophetically pondered, "The wine at Cana might one day become the vinegar of bitterness, yet I will feel nonetheless joy for having drunk it in dedication to those who came to me to seek the love of the Almighty."

Before the comforting and friendly arguments of the Master, Simon Peter dissipated his ultimate doubts as the night crept over the surroundings, hiding everything in its all-encompassing array of shadows.

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Not a long time elapsed after that conversation when the Master made visible in his teachings that those who were not determined to put the Kingdom of God above their worldly fathers, mothers and siblings could not be his disciples.

On the day of those new teachings and after having completed the evangelical tasks, the same apostle questioned the Lord in the twilight of his indecisiveness, "Master, how can I reconcile these harsh words with your earlier comments regarding the sacred ties among those who hold each other in high esteem?"

Showing no surprise, Jesus replied:

"Simon, my word does not call for individuals to break the holy bonds of their lives. Instead, it exalts those who have true faith to put the power of God above all things and all beings of his infinite creation. Isn't the love of parents a permanent reminder of God's goodness? Isn't the affection of children a sweet perfume of the heart?! I have given to my disciples the title of friends because it is the greatest of all."

"The Gospel," continued the Master, since the apostle listened to him attentively, "cannot condemn family ties, but places the unbreakable bond of God's parenthood above it. The Kingdom of Heaven within the heart must be the focus of our lives. Everything else is secondary. The worldly family is also subject to the imperatives of such realities. Have you ever thought, Peter, of the

supreme sacrifice of renunciation? Everyone knows how to preserve things, but few know how to deprive themselves of them. In the building of the Kingdom of God, there comes a moment of separation when it is necessary to learn to bear sincere detachment. Not only is such separation substantiated through the death of the body, which is often fruitful and providential, but also through the detachment from estimable positions in the world, from the worldly family, from living in cherished landscapes, and from beloved souls who prefer to stay behind like poisonous flowers! ...

“Ah! Simon, very few know how to leave, for some time, the quiet home, or the beloved arms of affection, for the love of the Kingdom, which is the dwelling of eternal life! Very few know how to withstand slander, quip, or indifference because they want to dwell within their individual creations, closing their ears to the warning from heaven to depart quietly! ... How rare are those who can let go and leave in silence for the love of the kingdom, waiting for the moment when God speaks to them! However, Peter, no one will transform themselves without learning how to renounce joy in obedience to the will of the Father, understanding the sublimity of his designs. For such reasons, it is necessary for the disciples to learn how to depart and wait for the designs of God to lead them forward because the building of the Kingdom of Heaven within their hearts must be their first and foremost concern, the noblest aspiration of their soul, the fundamental hope of their spirit!...”

Dusk had not yet fallen. However, Jesus concluded his explanations, while the apostle lightly rubbed his calloused hands on his teary eyes.

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Being a living example of his own teachings, Christ knew how to be, in all circumstances, the faithful and devoted friend. In the elucidations of John, we see him exclaim, “I no longer call you servants because a servant does not know his master’s business. Instead, I have called you friends, for everything that I learned from my Father I have made known to you.”<sup>1</sup> And, in the narrative of Luke, we listened to him saying before the final hour, “I have eagerly desired to eat this Passover with you before I suffer.”<sup>2</sup>







Nobody in the world has managed to highlight as the Lord has done the beauty and breadth of bonds of affection. This is because the essence of his work is to unite in love all nations and all people in the divine circle of the universal family. Also, demonstrating that the kingdom of God should be the first concern of the souls, nobody like him knew how to withdraw from positions at the appropriate time, obeying the divine plan. After the magnificent victory of his entry in Jerusalem, one of his beloved disciples betrays him. His followers and companions deny him. His ideas are considered perverse and revolutionary. He is charged as a thug and a sorcerer. His death ends up being the one of a thief.

However, Jesus teaches everyone, in that supreme hour, the sublime virtue of withdrawing in human solitude while being in God's protection. He turned Galilee into a divine spring. He had risen with honesty against the hypocrisies of Pharisaism. He disappointed the moneychangers in the temple of Jerusalem like a tireless and superior lawyer for all major causes of truth and good. On the day of the Calvary, he is perceived by the people as a spectacle while maintaining his soul in a wonderful and profound silence. Without uttering the slightest complaint, he humbly walks crowned with thorns. He holds in his hands a filthy reed scepter, wearing the robe of irony while at the same time being showered by the spit of exalted people. His face is covered in blood as he takes tottering steps under the weight of the cross, vilified without uttering any complaint.

At the moment of Calvary, Jesus crosses the streets of Jerusalem as if he were before the whole humanity teaching the virtue of renunciation for the sake of the Kingdom of God, disclosing his final lesson.

<sup>1</sup> John 15:15 (NIV) Translator's note

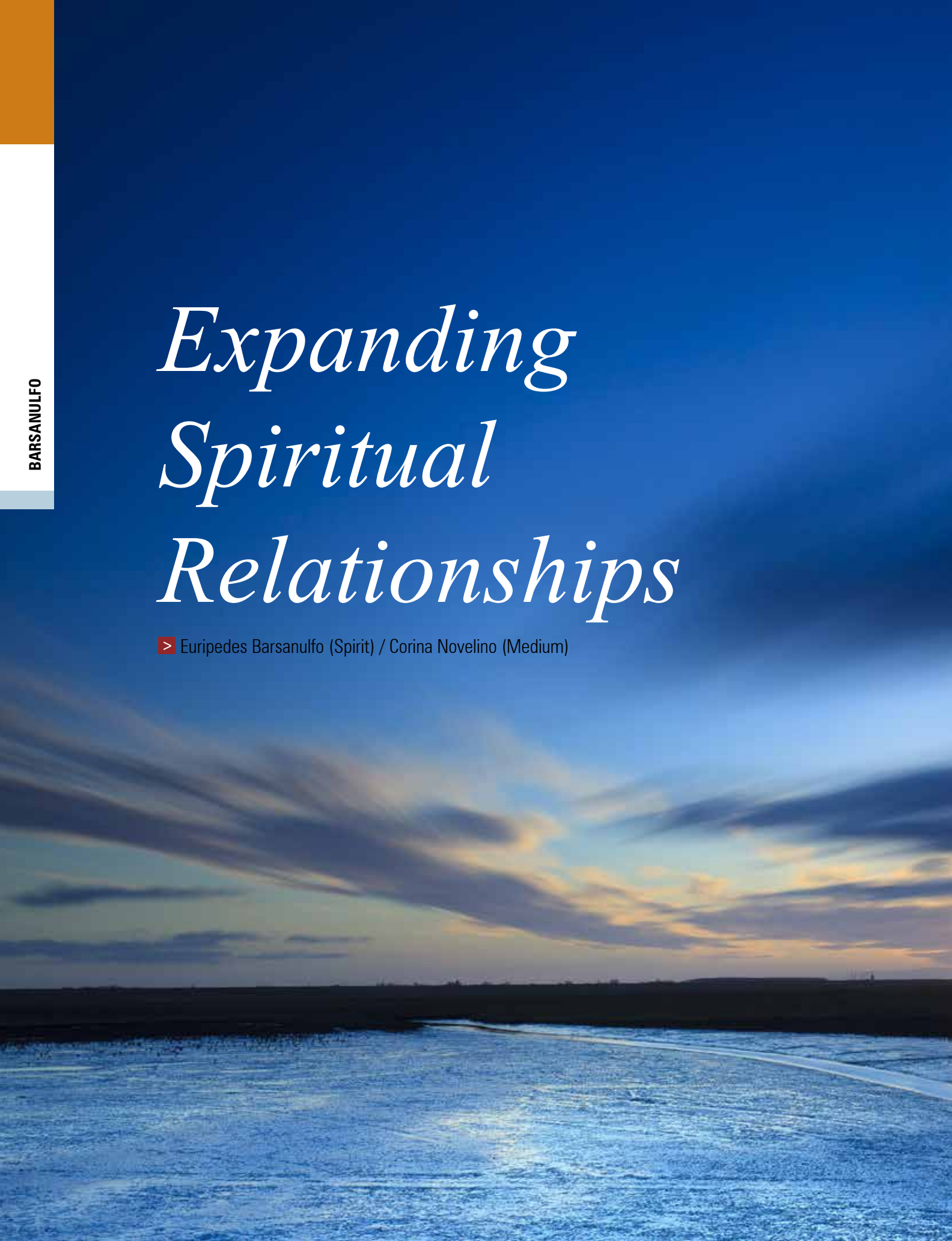
<sup>2</sup> Luke 22:15 (NIV) Translator's note

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Source: Book "Boa Nova" (Good News) by Humberto de Campos (Spirit) through the psychography of Chico Xavier, chapter 12, published by FEB. The book was translated by the team of the Spiritist Society of Virginia. The copyrights of the translation were given to the Brazilian Spiritist Federation. We wait for its publication. Meanwhile, we recommend that the reader watches the study session on this book by Vanessa Anseloni at Kardec Radio's YouTube channel.

# *Expanding Spiritual Relationships*

> Euripedes Barsanulfo (Spirit) / Corina Novelino (Medium)



**M**ay the Sublime Friend strengthen us on the redeeming road.

The conquest of the new lights on the paths of life has provided the human being with a series of precious resources in the footsteps of physical health.

The most varied healing elements are facilitating individual routes on the planet.

So you, my brothers and sisters, have to your mercy a generous source of these blessed resources for the recovery of energies spent by diseases in general.

Every sick person can find this manna that flows from Divine Mercy. It is enough for this to keep alive the lamp of the faculties of feeling.

The Celestial Friend gave us the example practicing in the highest sense of the term the law of justice, through the cultivation of love.

Seeking the perfect lesson by example, the Master even left us the beauty of forgiveness for those who could not understand the superb sacrifice.

And what was the mission of the Divine Lamb but the chain of potent bonds of bountiful understanding and sublime love?

The Master remains awaiting our good will in the service of fraternal solidarity.

How to reach the luminous road of solidarity? In the cultivation of devotion, in the consecration of renunciation, in the exercise of goodness in all the hours of our day.

Brethren, let us seek the beauties of the good in all and in everyone, and little by little we shall find the sure and certain path of the indispensable renewal.

Let us not forget the duties of fraternity among individuals, as the family of the spirit is greatly enlarged.

Remember that your neighbor is humanity ... Doesn't the enlightening lesson of your moral obligations point to that truth?

It is necessary to expand the scope of spiritual relationships every day through the ever-increasing interest in the welfare of all creatures.

Those who remain attached to their own interests, forgetting or indifferent to the fate of other homes, have not yet understood the true meaning of love.

To the Spiritist will be required much love in the multiple manifestations of charity, because the Spiritist received much from Mercy through the understanding of the eternal clarity.

Let us seek peace within ourselves in the practice of the law of justice within the Christian principle. Do not wish for others what you do not want for yourself. Do to others what you desire for yourself!

May Jesus bless you!

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Source: Book *Euripedes, o Espirito e o Compromisso* by Corina Novelino through the medium Alira Bessa França Amui. The above message was psychographed by the medium Corina Novelino when she was incarnated on April 4, 1957, published by Editora Esperança e Caridade.







# *Bless it Always*

> Scheilla (Spirit) / Chico Xavier (Medium)

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Wherever you are, bless it so the blessings of others accompany you.

All individuals and all things respond to you according to the touch of your words or of your hands.

Bless your home with the light of love in the form of self-denial and work, and your home will bless you with gratitude and joy.

Bless the tree of your house with the gift of your affection and the tree of your house will bless you with the perfume of the flower and with the richness of the fruit.

However, if you curse your companion each day with the whip of censure, you will receive the sorrow and mistrust.

If you condemn the animal that shares your domestic climate with hunger and flogging, you will get rebellion and harshness.

In truth, you cannot bless evil, expressed in cruelty, but you must bless the victims so that they may be strong in order to extinguish it.

It will not be fair to bless the sickness that afflicts you, but it is indispensable to bless your diseased organ so that it may be more safely readjusted, expelling the disease which sometimes imposes bitterness and unbalance on you.

Do not curse even by thought.

The aggressive or destructive idea is corrosive in our mouth, shadow in our eyes, hallucination in our arms and misfortune in our life.

Bless the hand that hurts you and the hand that hurts you will learn how to avoid delinquency.

Bless the word that insults you and you will avoid the extension of retaliation.

Bless the difficulty and the difficulty will reveal precious lessons to you.

Bless suffering and suffering will regenerate you.

Bless the stone and the stone will serve in the building.

Do not forget the Divine Master of Blessing.

Jesus blessed the Manger and made it the luminous cradle of the nascent Gospel. He blessed Peter, weakened and faltering, transforming him into a vigorous fisherman of souls. He blessed the obscure Magdalene, and therein formed the sign of human sublimation. He blessed Lazarus, dead, and gave him life; and, finally, he blessed the cross itself, carving the victory of the imperishable resurrection.

Bless the Earth wherever you pass, and Earth will bless your passage forever.

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Source: From the book *Nova Visão* by several Spirits through Chico Xavier, Chapter 1, published by IDE.

# *Remodeling Habits*

CURRENT

> Americo Canhoto, MD





**H**abit is repetition and copying. This dimension is the sphere of resumption. Chronic dysfunctions arise from habits so ancient that they pass through the time of existences one after another until, even here in this dimension, the habit is corrected since we are the continuation of ourselves ...

Let us use the act of eating for reasoning purposes.

When it comes to food, it is better to correct habits by our own will than to get on the other side as an obsessor out of necessity. For death does not exist as an end, only as quantum energy transformation; hence it does not heal anything and does not change much; it only potentiates what there is.

There are souls already more courageous and conscious that - to solve this cruel food addiction - choose to be reborn in an almost extreme paucity to remake such habit.

Majority of people choose the light way of solving it, hoping that the chosen family can help through education to acquire good habits among them: to only eat what you need and not to use food just as source of pleasure.

But what do we see nowadays?

An already addicted generation is in charge of vitiating the newcomer even with the most widespread and cruel drug ever invented: Sugar. Yes. The glycemic rate works when it goes down in circulation (hypoglycemia) as a withdrawal crisis causing the "social paranoia" to act not differently from the "paranoia" that uses crack, for example.

Nature's attempt to cure such addiction through diabetes does not work because drug traffickers in the "disease industry" promise the permit to continue using the drug with the help of more expensive drugs. Yes, there are even individuals who take insulin and, hidden, eat candy.

Our habits and the way we live shape the tendencies and characteristics of our next physical body. There is the possibility of adaptations always aiming at solving problems more quickly. For example: you can already

be born diabetic to make a more certain change and still help those who have put you in a vicious situation in the past and now learn not to do so.

Each new choice we make alters our astral DNA that shapes the astral body that will then shape the next physical body, as the case may be.

Remodeling habits is an investment for future peace.

This law applies to everything that relates to the experience of living; but, for example, when it comes to the habit of eating and its relationship with obesity, do not make primary mistakes like changing habits to lose weight as the focus. Adjusting the weight is a consequence and never a goal under the penalty of never reaching it.

Do not design temporary changes; they must be a constant.

Ask yourself if you want to lose weight or be thin.

Do not waste the resources that the nature of your body has tried to use for example, gastritis is a heroic way of forcing us to review our diet. Allergies and intolerances are strong help. Diabetes has already been important as a resource; today is a mere excuse, party rice; it does not hurt; hence it does not work in regard to promoting changes of habit.

**Remember that the trends that we bring from birth at this time are the representation of our habits of the past. So let us change the current ones so we will not lose at the other side and when we come back next time.**

---

Dr. Americo Canhoto is a Brazilian Spiritist scholar who has written several books and keeps helping many people through his unique way of bridging medicine and Spiritism.

A photograph of three business professionals in a meeting. A woman in a dark suit is seated on the left, smiling and looking towards a man in a dark suit who is leaning over a table on the right. Another man in a dark suit is seated in the foreground, facing away from the camera. They are gathered around a table with papers and a laptop. The background is a bright, modern office space with a tiled floor.

*Elitization of the  
Spiritist Movement,  
A Path Contrary to  
Charity*

> Ismael Batista da Silva



People, who know me, know that I am not the type of casting stones at others, for I do not consider myself capable enough to judge anyone because I still feel very flawed. However, I have the duty to watch over the preciousness that God offered me: Spiritism.

Like all the propagators of Spiritism, I try to follow our movement through newspapers, magazines, and especially, the internet. I confess that, in observing some current initiatives of some leaders, even understanding “their reasons”, I have been a little worried with what Chico Xavier most feared: see the Spiritist movement becoming elitist.

I know that the Spiritist movement consists largely of more intellectualized people, but this does not prevent us from following the path of humility and charity that the Spiritist Doctrine invites us to live by.

For example, I have observed that pompous events are being held in the name of a doctrine that calls us to a purely Christian experience, as it was at the time of Jesus, where every spirit vibrates brotherhood and works in favor of the collective good. After all, Spiritism is or is not the revival of Christianity? We must learn to be on familiar terms with each other during the ordinary moments as well as during the difficult times, and enjoy the spiritual banquets together, despite our differences, because only then we will live harmoniously.

And what are we doing? It seems to me that we are currently moving in the opposite direction. Programming activities where only the wealthier can participate. And where are our brothers and sisters who cannot afford to participate in such events? Only sitting in chairs in the Spiritist Centers listening to the intellectuals deliver their speeches, and when a major event occurs they cannot take part in it? Or else, working hard preparing meals in kitchens, distant from the teachings that are presented in the luxurious enclosures? And what about those who are only there to take care of the cars belonging to the doctrinal bosses?



Ah!...But we are in a material world and, here, everything costs money: some people argue. Yes. Correct. But if we wish to make a great event, we should then program ourselves better, and the group interested in its realization should seek other sources of income for funding it, be it with one's own work, sponsorship and other just and coherent initiatives, without making it difficult, in this way, for those who cannot pay to participate in the event and also to buy works of famous speakers.

Fortunately, many companions already do this. We have good examples of excellent events, with the participation of the most renowned speakers and singers, which are performed gracefully, and some are even made in public places, where everyone can participate without any embarrassment and fee.

This has to be the Spiritist movement as idealized by Allan Kardec, and afterwards, by his more legitimate followers.

I keep imagining Cairbar Schutel, Euripides Barsanulfo, Baturira, Dr. Bezerra and so many other examples of Christian experience and dedication that we had in the Spiritist movement, if they were reincarnated today, would they promote or participate in some Spiritist activity charging a fee of those interested in partaking in the event? Obviously not because they showed their spiritual greatness through their love for the Spiritist doctrine as well as renunciation and devotion to the collective.

Would Allan Kardec accept to give a lecture or some seminar where the purchase of his works would be mandatory to participate? Surely he would never accept to participate in something so materialistic and so contrary to his ideals. His goal was and is only to corroborate for the spiritualization of everyone, indistinctly.

The deification of speakers and mediums is increasingly taking over the Spiritist movement. We know that this is very damaging to their evolution, but we continue to deify them. Sad mistake; and still sadder it is to see that many of them accept, even with joy, to be treated as celebrities or even Pop Stars.

Some people forget that more will be charged from those who received more.



That others brought the work out of divine mercy, for they asked for clemency so they would not have to endure so much suffering in the world, offering themselves to spread spiritualized messages in order to pay for their past debts, and yet not using these messages for their own spiritual awakening.

I saw an advertisement for a Spiritist event that will happen in the northeast of Brazil that left my jaw dropped. To participate in this event, the interested party must pay \$100.00 per lecture, receiving two works from the speaker of the day, being able to pay up to three times on the credit card.



Where are we? What is this? Would Christ, especially when the Earth is going through hard materialistic strife, in urgent need of His message, have supported such an event? Will the Benefactors be really giving assistance to these people? Only if it were by divine mercy, for by reason they would all be at the mercy of their materialistic actions.

Let us promote events where everyone can participate without embarrassment and without the separation. If you cannot make it sumptuous, let it be simple and full of Christian joy. If you are going to charge something, may it be symbolic for food, but

preferably open to all people. Let us exalt spirituality and fraternity that we are invited to develop in our humanity and not our proud materiality! Let us think about this.

---

Ismael Batista da Silva is from the city of Guaxupé, state of Minas Gerais, Brazil. He was born in a Spiritist family. He retired from a private school, ex-city councilor of São José do Rio Pardo – SP. He is a motivational speaker, trainer of courses and training in Sales, Speech, Leadership, among others. He has been a Spiritist speaker for the past twenty six years and has been standing out expressively in the field of human relationship. He is also the author of several Spiritist books.

# *12 Steps To Self-Discovery*

> Divaldo Franco

---

1. Commit to yourself.
2. Leave the comfort zone.
3. Keep sincere willingness to change.
4. Accept, embrace and love your Shadow. It will always stay with you!
5. Transform obstacles in a staircase to growth.
6. Leave the complaints aside and listen to the inner voice.
7. Free yourself from the relationships of dependency.
8. Be open to new knowledge and experiences.
9. Invest in your moral values.
10. Believe that there is richer and fuller life.
11. Be willing to be happy now!
12. Love yourself!





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NOWADAYS





# *Criminal Abortion*

> Joanna de Angelis (Spirit) / Divaldo Franco (Medium)

**N**othing can justify it.

An abominable crime, criminal abortion is a cowardly means used by weaker spirits to flee responsibility, incurring a grave and not easily erasable state of guilt.

Nevertheless, some countries have legalized all cases of abortion with and without a fair reason-and we consider fair reason all those cases of therapeutic abortion, medically approved to save the mother's life.

Statistics in such countries show an unexpectedly high index of offense against the laws of nature. Yet

it continues to be a criminal attempt against the life of a defenseless creature. That is why it should be considered one of the most hideous aggressions against a human being ....

Senseless advocates of criminal abortion come up with the allegation that in the first few months there is no existence. Yet, they fail to recognize that human life, in process of development, is deserving of high respect. With the passing of days, the fetus will be transformed into a man or woman who deserves the opportunity of a bodily life, by divine decree.

No one has the authority of cutting short the phenomenon of life without incurring in painful debt from which he will not be absolved without





paying a heavy price ....

No process of re-embodiment happens at random, nor is the fertilization of sexual cells the work of chance. If this were the case, it would be permissible for man to accept or reject the situation.

It is also claimed that the legalization of abortion is a healthy measure, considering the great number of criminal practices that endanger women's lives.

A crime does not, in any way, justify its legalization to make its illicit practice disappear.

Life is divine property and cannot be lightly squandered.

Since people consent in bodily communion, it is expected that they accept the responsibility of their act.

Every action generates natural reactions, which gravitate around their author.

In considering further the problem of legal abortion, the laws are indulgent whenever the fertilization occurs through rape ....

But even in such cases, to expel the fetus by means of abortion does not, in any way, correct the damage that is already there ....

Many times the Spirit that arrives under such painful circumstances becomes a great blessing to the mother's agony and oppressed heart.

Self-denial with the purpose of saving another precious life brings excellent ground for redemption to the victim of such tragic destiny ....

The truth, however, is that the victim is expiating a debt and advancing on the trail of abnegation and sacrifice to the pinnacles of happiness.

There are no incidents of injustice in the framework of Divine Law, reaching some and excluding others ....

Abortion, therefore, even when accepted by human standards and legalized, goes violently against divine laws. It continues to be a crime for the person who practices it or submits to it.

If legalized, it becomes accepted yet continues to be immoral. A Spirit whose return to Earth was blocked, will try again.

A reencounter will take place in the future between the would-be-mother and the one whom she tried to avoid.

The previous commitments between them, requiring adjustment without delay, magnetically attract them towards each other. If there is lack of love, a process of mental illness will take place, accompanied by other disorders of a complex nature and difficult diagnosis.

Thus you must favor life, no matter under what aspect it manifests itself.

Consider the liberating door of reincarnation. Advance to higher levels of spiritual progress by offering the opportunity to Spirits who seek your help, and trust in God. The Author of Creation, Who watches over the birds of the air and the flowers of the fields, will also watch

over you, who are more valuable than they. You are not forsaken or deprived of divine assistance.

There is no excuse whatsoever for a person who practices criminal abortion, notwithstanding the moral chaos that is sweeping the Earth today.

Every child is trusted to parents, who should love him and prize this sacred opportunity to help him progress spiritually. In due time, this being should be ready to return to his Celestial Father.

The criminal act of abortion should not become a stumbling block in your spiritual progress. It should be avoided, even when it results in difficulties and afflictions ....

Every spiritual ascension demands a sacrificial task. But at the summit's height there are promises of peace and beauty, as a compensation for all your struggles. You will be honored with peace after liberating your conscience from debts and guilt.

To kill, never!

---

Source: Book *After the Storm* by Joanna de Angelis through the medium Divaldo Franco, chapter 12, published by LEAL publisher. The book has been sold out for years.







*Remembering Romeo & Juliet  
and Reflecting on a Tragic  
Misconception Concerning Suicide*



I came across Q&A 956 in "The Spirits' Book", and I couldn't help but consider how it puts a bit of a thorn in the heartrending romanticism of Shakespeare's "Romeo and Juliet".

The question reads:

Q: "Do those who cannot bear the loss of loved ones and kill themselves in the hope of rejoining them accomplish their objective?"

The spirits answer:

A: "The result for them is much different than what they hoped for. Instead of being reunited with the objects of their affection, they keep themselves away from them even longer because God cannot reward an act of cowardice, an insult which demonstrates distrust in divine providence. They will pay for that moment of insanity with afflictions even greater than those they wished to shorten, and they will not have the compensation they hoped for."

Did Romeo and Juliet believe they would be reunited, or could they simply not bear to be without one another for the rest of their days here on Earth? Either way, anyone who has ever been in love and dreaded the thought of continuing life without the object of his or her undying affection can certainly sympathize with the emotional catalysts for such actions. This is what makes us such fans of this theatrical masterpiece that portrays an emotional turmoil so many can relate to. Unfortunately, however, in real life, choices like this do not lead one to happiness in the beyond, as one may hope.

◇◇◇

From a broader perspective, Romeo and Juliet's story reflects how a materialistic view on life may ultimately lend itself to a very tragic misconception. From this view, one may see taking his or her life as a way to escape deep pain and suffering. Honest to God, my heart goes out to anyone who is feeling so much hurt or despair that suicide appears to be the best alternative, but this is only made worse by the fact that cutting one's life short does not take away our problems. In fact doing so limits our ability to resolve them. This also highlights the importance of the message in Spiritism. Spiritism shows us that life beyond the grave continues and that, upon leaving behind the material body, we remain the same individual we were while incarnated - with the same joys, the same sorrows, the same accomplishments thus far achieved, and the same problems left to overcome. Thus demonstrating the futility of ending our own lives and likewise the importance of working through our struggles while we remain incarnate, Spiritism also, however, provides a source of hope and consolation to help us in life's trying times.

When we allow life to take its natural course and bravely bear our trials, a natural death can relieve us from certain afflictions - such as the physical pain of an ill body, the longing to be with the loved ones who await our return to the spirit world, or the normal day-to-day challenges of living in the material world. However, many problems that we deal with while alive (incarnated) on Earth - such as broken relationships, addictions, a troubled conscience, moral weaknesses, etc. - do not go away merely because we've once again left behind yet another material body and thus closed another chapter on the life story of our immortal soul. Problems like the latter will always require resolution, something that will take effort on our own part to attain, as we continue living and growing in two realms of life.

Suicide only complicates things further and for two reasons. First of all, once we are no longer in the material world, it becomes even harder to actively work on resolving these issues. Sometimes, there are things we can do from the spirit world, but it's also very possible that we have to wait for a new incarnation to resume where we "left off". Secondly, the act of prematurely ending one's life carries with it its own painful consequences - from the darkness and suffering one may experience in the spirit world to the imprint that such an act may have on the circumstances of a future incarnation.

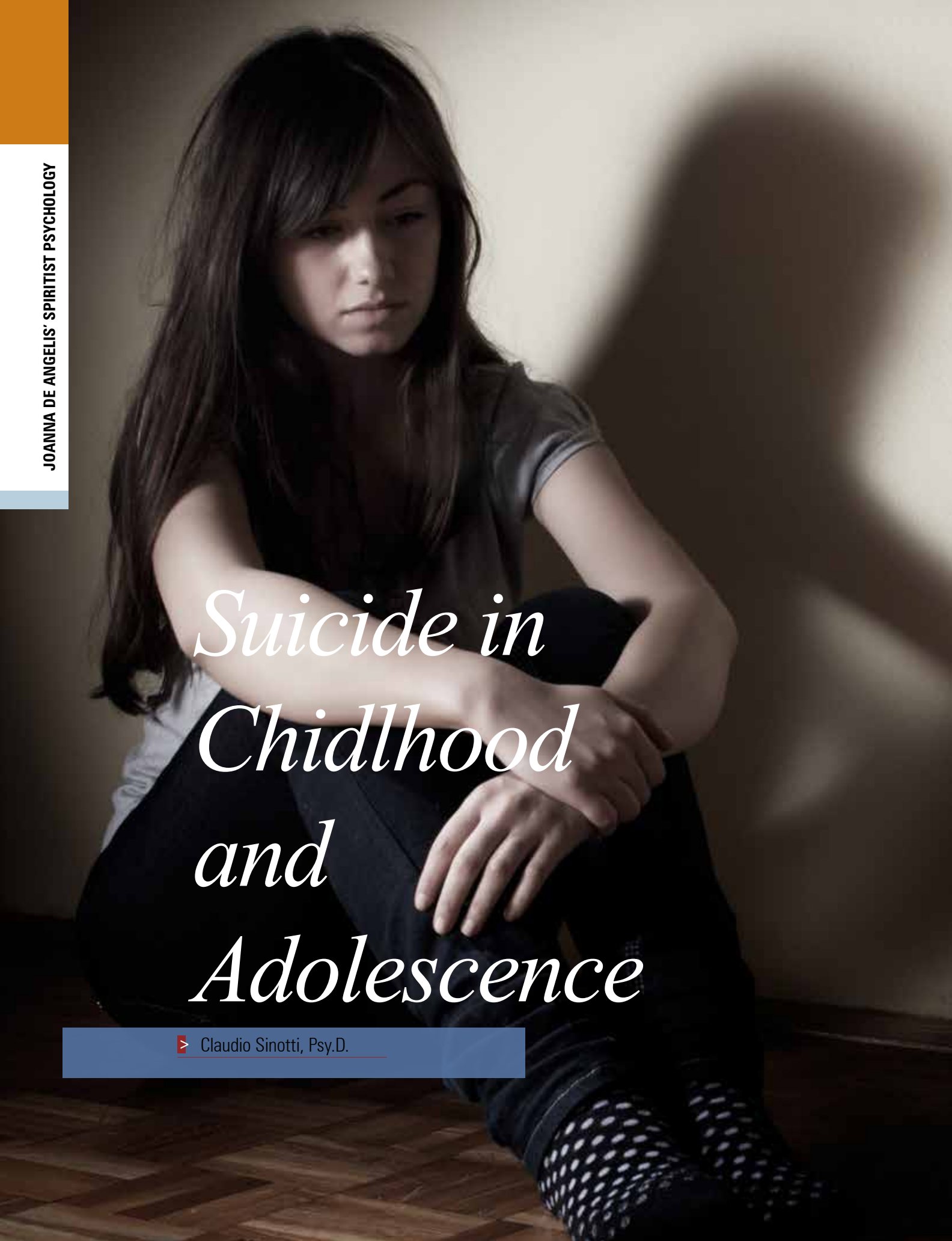
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Collectively, the many teachings of Spiritism help us to understand why suicide is never a good answer. Meanwhile, our loving and knowledgeable mentors and teachers, communicating to us from the discarnate state and through the aid of mediumship, bring us compassion and hope. For all who are interested, below I recommend some resources for learning more about the Spiritist viewpoint and teachings related to the above discussion. If you would like information on where to obtain the books mentioned or which book to begin with, feel free to contact me.

For anyone who may, in particular, have been finding him or herself contemplating suicide: I ask you to please consider exploring the Spiritist teachings and, above all, please reach out to a trusted individual for help. Note that below I have also included US National Suicide Prevention Lifeline. Furthermore, if you find comfort in what Spiritism offers and you would like to learn more about it, starting with one of the books below, contact me; I will be happy to get you a copy.

---

Healthier Bollech-Fonseca is the founder and coordinator of Explore Spiritism ([www.explorespiritism.com](http://www.explorespiritism.com)) as well as the author of the book *Changing Lives With Spiritism*.



*Suicide in  
Childhood  
and  
Adolescence*

▶ [Claudio Sinotti, Psy.D.](#)

In analytical psychology, when a problem affects children intensely, it is necessary to seek the root of the problem in the parents. Since they are immersed in the family psyche, children and young people often reflect the mismatches experienced in their home. This occurs even more intensely in early childhood when the child lives in a state of participation mystique, which manifests as an almost total identification with the surrounding environment.

With the ego in formation, the child absorbs everything that is projected onto them.

In this way, when we see problems that were previously almost exclusively restricted to adults, such as depression and suicide, happening at an earlier age, it is time to ask ourselves, who are mature in age (although sometimes without maturity), what are we doing or not doing, that has been affecting young people so intensely. Self-harm, the suicide game the “Blue Whale”, and TV series exploring youth suicide among other recent examples, reflect the troubling stage we have reached.

In some cases, medication may help, but it will not solve a problem that is essentially rooted in the fact that their lives are heading in the wrong direction.

Among the various therapies that may help to change the sad situation in which we find ourselves, is an essential coming together of parents and children. There should be a regular space for healthy dialogue inside the home. Getting to know the emotional state of their children better, their natural crises and insecurities, parents can heal pain and conflict at an early stage, preventing unnecessary problems from becoming a crisis, which could lead the child or young person to jeopardize their existence.

Religiousness is part of an excellent therapy, especially when noble principles are exercised in the home. The crisis we face is multi-factorial, but the common point is the absence of love, a feeling that will always be an excellent solution to the conflicts of the human soul.

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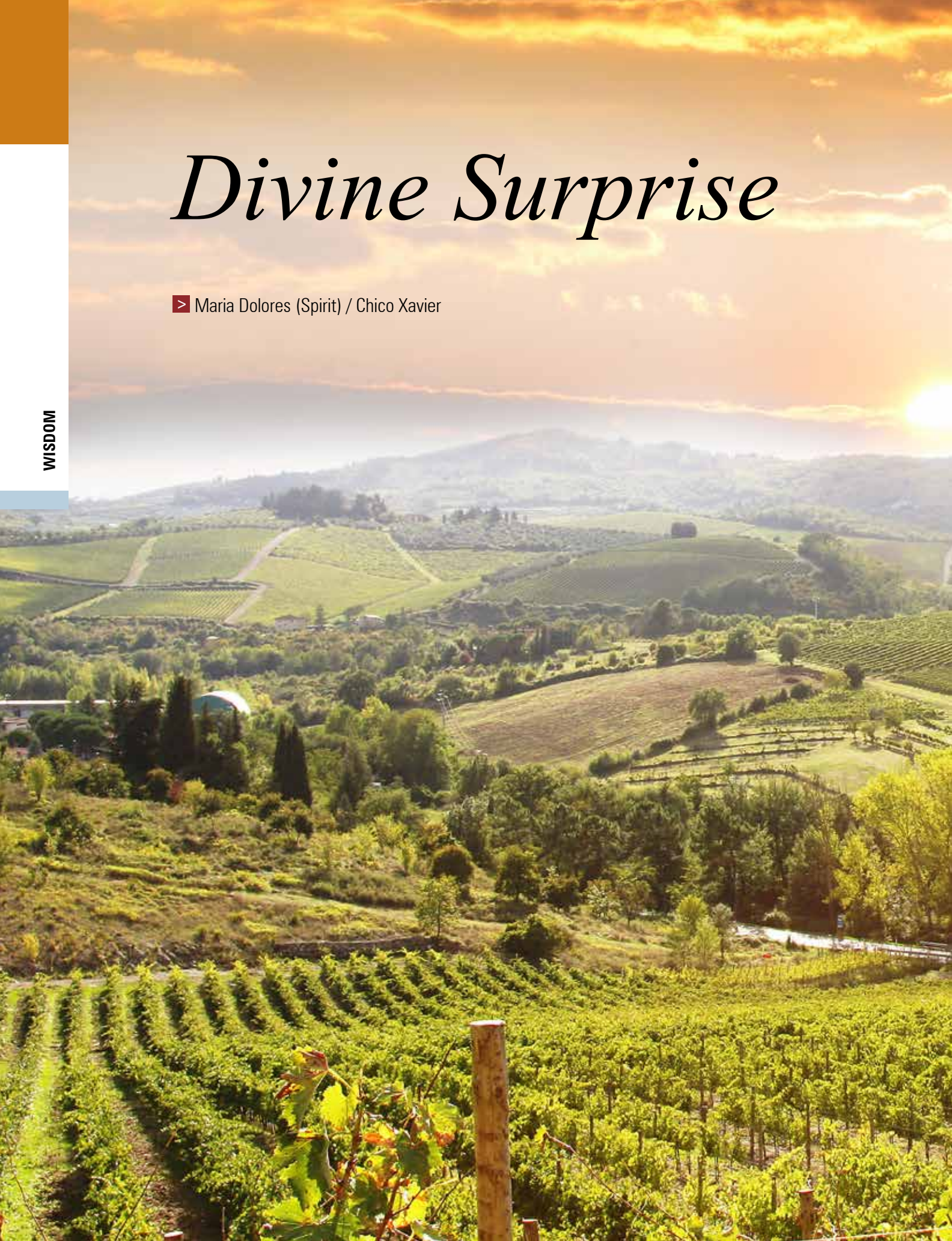
Claudio Sinoti is a clinical psychologist in Brazil. As Spiritist, he and his wife Iris have been leading the psychological studies of the works by Joanna de Angelis through the books psychographed by Divaldo Franco. The current article was first published in *The Journal of Psychological Studies*, issue 59 (<http://www.spiritistps.org>).




# *Divine Surprise*

> Maria Dolores (Spirit) / Chico Xavier

WISDOM







Good and fraternal soul, if the impulse to pray blesses you, whenever you wish to pray to seek the Lord' security, do it anywhere.

The entire Earth is an open temple for the inspiration that pours from Heaven.

But to find the master that you seek, dear soul, come down to life's valley of tears, where comfort is late to arrive, where the pain of indigence, and the tears of widowhood roam along the path's edges extending a strong arm to the ones who wander without direction and who are lost in the nostalgia of the home-life that has disappeared.

Listen to the ones who go during the cold and windy night without being able to tell about their own suffering.

They hunger for care and understanding.

Stop and hug the child that is consumed by disdain and wiped-out by disease.

Stop and assist in clothing, healing and feeding this small flower.

Hear the cry of the sick person who has nothing but dust and tears as a bed in a narrow corner in the land of no one.

Be aware of the cries of those in the height of anguish, the sad hearts torn apart by slander.

Go where there is affliction, offering to each sufferer a gift of love and there you will see a divine light sweetly irradiating peace, goodness and joy.

From this light, the deepest part of your trusting soul will hear Jesus tenderly say: "Dear soul, come. I hear your voice in prayer everywhere. I must however await you in the fields of goodness. You said I was right in knowing that God loves and understands through you. You looked so far away for me and all along I await you close-by. Good soul, I am here."

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Source: Book *Enlightening Messages* by several Spirits through Chico Xavier, published by the Spiritist Society of Baltimore ([www.ssbaltimore.org](http://www.ssbaltimore.org)).

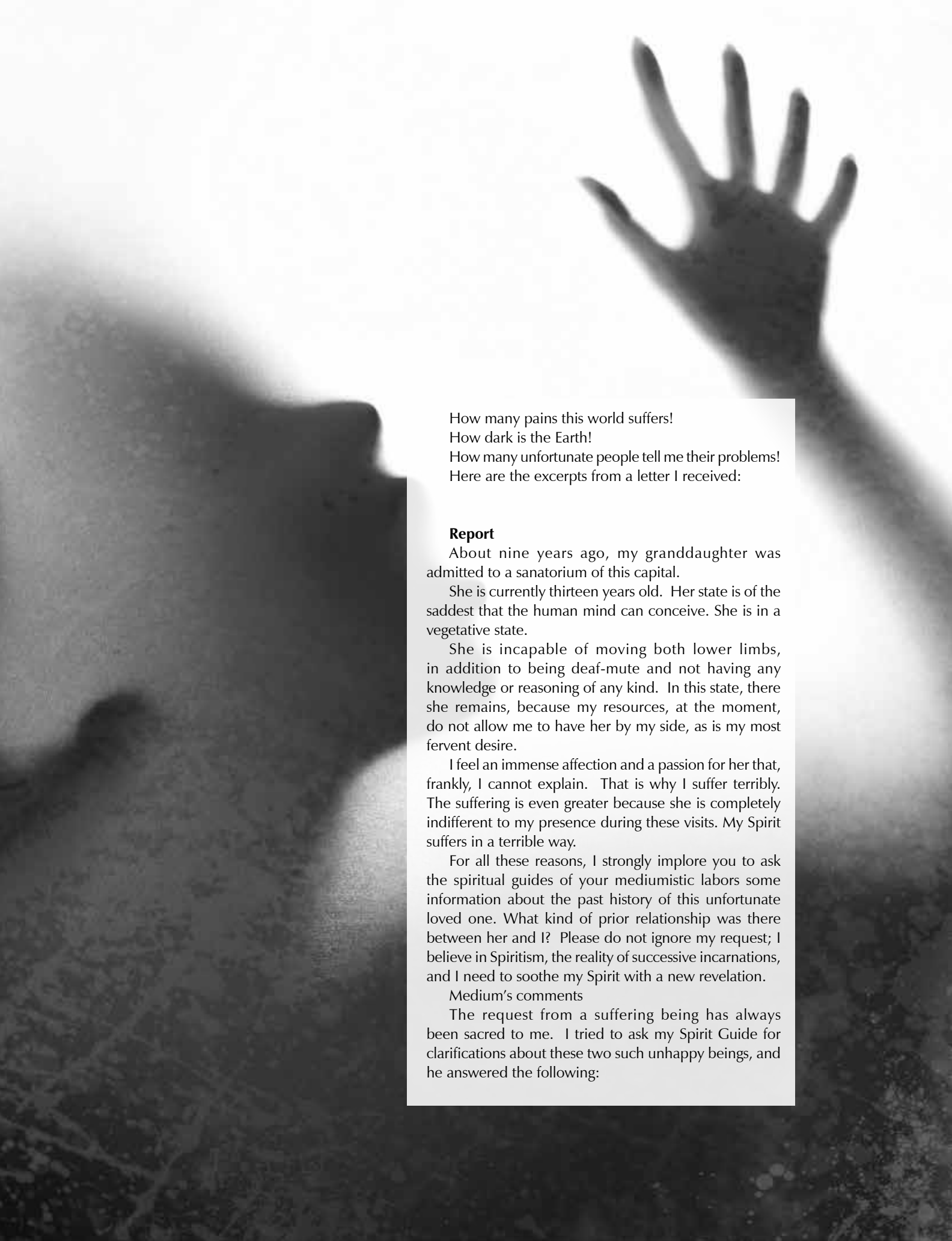
# *The mute-death paraplegic girl with a mental illness*

▣ Amalia Domingo Soler

---







How many pains this world suffers!  
How dark is the Earth!  
How many unfortunate people tell me their problems!  
Here are the excerpts from a letter I received:

**Report**

About nine years ago, my granddaughter was admitted to a sanatorium of this capital.

She is currently thirteen years old. Her state is of the saddest that the human mind can conceive. She is in a vegetative state.

She is incapable of moving both lower limbs, in addition to being deaf-mute and not having any knowledge or reasoning of any kind. In this state, there she remains, because my resources, at the moment, do not allow me to have her by my side, as is my most fervent desire.

I feel an immense affection and a passion for her that, frankly, I cannot explain. That is why I suffer terribly. The suffering is even greater because she is completely indifferent to my presence during these visits. My Spirit suffers in a terrible way.

For all these reasons, I strongly implore you to ask the spiritual guides of your mediumistic labors some information about the past history of this unfortunate loved one. What kind of prior relationship was there between her and I? Please do not ignore my request; I believe in Spiritism, the reality of successive incarnations, and I need to soothe my Spirit with a new revelation.

Medium's comments

The request from a suffering being has always been sacred to me. I tried to ask my Spirit Guide for clarifications about these two such unhappy beings, and he answered the following:

## Psychography

Your anxiety and bewilderment about the brother, who approached you for help, is just. And as only those who ask receive, listen carefully to my revelation.

The paralytic, deaf-mute, and mentally challenged girl of today is not really what she appears to be. To her greatest torment, she was, in her last incarnation, a celebrity for her crimes.

In the previous incarnation, he was a man born in Spain. He was feared by the inhabitants for his skill, courage and audacities, defying the greatest dangers to steal passersby, rob mansions, and find hidden treasures.

He was a terrible villain, and the bravest tried to capture him, but he always escaped. He was a handsome man. His beauty was that of an angel of darkness, and as he was of noble lineage, he had manners, the most illustrious man, who could have any woman he wanted. Therefore, it was not difficult for him to attract a girl of good family who went mad for his beauty and seduction.

This way, he snatched the young woman from her home and took her away to avoid a number of complaints and problems with her parents. The seduced girl later realized the evil path she had taken, but she loved him so much that she decided to turn the ferocious bandit into a good man.

All her efforts were in vain: she was very Christian and believed in the efficacy of fasts and confessions. She wore a sackcloth, a type of tunic or horsehair cord, which is brought onto the skin for mortification, and this way she martyred her beautiful body to redeem the man she loved.

But he got tired of her sermons and complaints, and after committing another robbery with his gang and killing many victims, he said to one of his companions: "The woman, who has been with me for a long time, disrupt us. Everyday day she becomes more scrupulous and more devoted. Do away with her; make her disappear, for the good of all, that we may gain time."

The bandit carried out the orders of his chief, and in a very deserted place, where the earth had been furrowed by deep canyons, in one of them he threw the young woman inside. The woman, who was good and faithful, became redemptive. And, as is natural with this elevated souls, they crucified her.

Sometime later, in a confrontation with other thieves, part of the gang died, including the chief. When he arrived in the spiritual world, he was received by his redeemer, willing to remain his guardian angel. In fact, she loved him too much!

They remained a long time on the Beyond, and she was preparing him to begin the adjustment of his debts. It was so much that he insisted on his incarnation, and such light received from the other good spirits that yesterday's



thug is the paralyzed girl of today.

He ran so much to commit horrible crimes, that today he cannot move or speak, he, who in the past, professed death sentences.

And the shaken grandfather, who comes to visit his granddaughter, and she does not recognize him, is the victim of yesterday. The present grandfather is the passionate girl who, in the previous incarnation, wanted to be his redeemer. This Spirit of Light will always follow him until she can make him a superior being.

His love is immense, and he is a Spirit of such an elevated level that no one has the slightest idea on Earth. Love is flower one day, fleeting illusions, or fires, which, as soon as they light up, quickly fade away.

The love that the girl had for this evildoer has reached



the point of her self-punishment, that she will always accompany him, will help him whenever she can. She will hold him in her arms in all her reincarnations. She will be linked to him, one way or another, even during dreams, murmuring in his ear: "Have courage to paying your debts; You erred much, however you have eternity to regenerate yourself. I will be with you. I will not leave you alone; I will be your mother, your sister, your wife, your daughter. I will envelop you through all the kinship existing on the Earth, and in the spiritual world I will be your guiding star, to guide you always in the path of light and truth."

Much more could be said of the love of this Spirit, which is a gift from God to magnify a guilty one, since the sickest are the ones most in need of physicians from

heaven.

Good Bye.

The Spirit Guide

### **Reflection**

How beautiful is the mission of the spirits who love one another!

If it were not for them, what would be of Humankind since majority of us has a sad story to tell.

Blessed are those who love and blessed also those who are loved!

---

*Source: Book 15 Vidas Passadas (Fifteen Past Lives) by Amalia Domingos Soler, chapter 10.*



CHICO XAVIER

# *The Medicine of Prayer*

> Oswaldo Cordeiro





Once asked Chico Xavier how the mechanism of Spirituality worked for the care and help of the people whose names appeared in the book of Prayers since the improvement of these people was fast and evident.

He answered to me:

“There is an apparatus as if it were a computer. In the instant that the name of the person is placed in the book of Prayer, it is made digital into the higher spiritual world. When prayers are made here on Earth, Spirits, in the Spiritual Realm, take the files of the people and go attending them in the name of God. That’s all, as long as the house of love [Spiritist center] is serious. “

Then, I understood how people improve through prayers.

”

---

*Source: Book Chico Xavier, Pequenas Histórias by Oswaldo Cordeiro, published by IDEAL.*



# The cities

CHICO XAVIER

WHAT ARE YOU UP TO, LUPI?

I AM PLAYING LUPIMON GO. I AM LOOKING FOR LUPIMONS AROUND TOWN.

DID YOU KNOW THAT IN MY OWN SEARCHES,

I HELPED PEOPLE AND FOUNDED MANY CITIES?

NO WAY! REALLY? TELL ME MORE.

TOGETHER WITH FATHER ANCHIETA, I TRAVELED TO NEW LANDS.

LONG AGO, IN 1517, I REINCARNATED ON THE EARTH AND BECAME A JESUIT PRIEST.

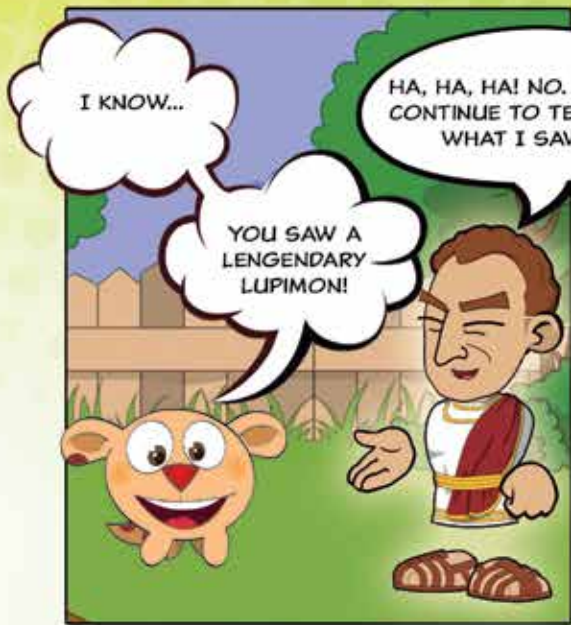
MY NAME WAS FATHER MANUEL DA NOBREGA. I LIVED IN PORTUGAL AT THE TIME WHEN BRAZIL WAS DISCOVERED.

I NOTICED THAT MANY OF THE NATIVE BRAZILIANS WERE BEEN ENSLAVED BY THE PORTUGUESE.

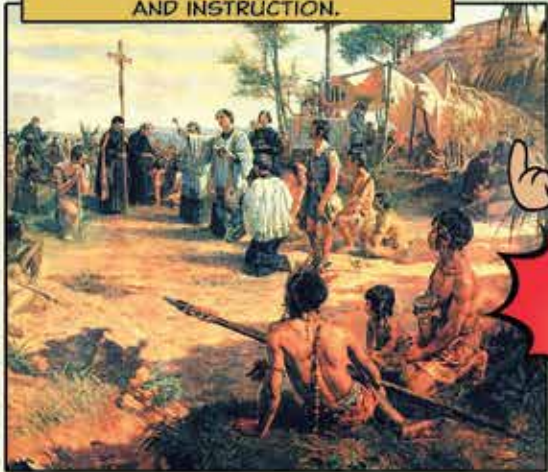
IN THIS WAY, WE FOUNDED MANY CITIES LIKE SALVADOR, RECIFE, AND RIO DE JANEIRO. WE BEGIN TO PROTECT THE NATIVE BRAZILIANS. THEN, I HAD A VISION: SOMETHING VERY SPECIAL APPEARED BEFORE ME.







RIGHT BEFORE MY EYES, I SAW A VERY BRIGHT LIGHT. IT WAS PAUL THE APOSTLE ASKING ME TO ESTABLISH A NEW CITY WHOSE FOUNDATION WOULD BE BASED UPON THE FOUR PILLARS OF CHRISTIANISM: LOVE, FAITH, WORK, AND INSTRUCTION.



THIS WOULD BE A CITY THROUGH WHICH THE TEACHINGS OF JESUS WOULD SPREAD OUT TO BRAZILIANS.



THE END

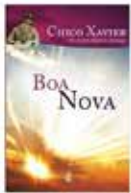






# Translation/Revision of Books

*The following books were translated and revised by Kardec Radio and SSVA teams under the coordination of Vanessa Anseloni.*



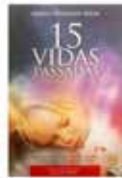
2012



2013



2017



2017



2017



2017



2017




2018




2018

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# 7<sup>th</sup> U.S. SPIRITIST MEDICAL CONGRESS



Florida International University – Kovens Conference Center  
3000 NE 151st St, North Miami, FL 33181

October 6-7, 2018

## PROGRAM

### Saturday, October 6<sup>th</sup>

- 10:30 am – 1:00 pm **Pre-Conference Brunch with Dr. Harold Koenig** - Q&A and book signing  
Separate ticket required for this event. Limited seating
- 1:30 – 2:00 pm Welcoming address, video, artistic moment and opening prayer
- 2:00 – 3:00 pm **Keynote speaker - Harold Koenig, MD, MHSc:** "The Research Evidence Justifying the Integration of Spirituality into Clinical Practice"
- 3:00 – 3:50 pm **David Mercier, MS, LAc:** "A Beautiful Medicine: Love, Beauty, and Relationship on the Path to Wholeness."
- 3:50 – 4:20 pm BREAK
- 4:20 – 5:10 pm **David Schleich, PhD:** "Spiritual Care Counts More than We Knew: Whose Job is it Anyway?"
- 5:10 – 6:00 pm **Alexander Moreira-Almeida, MD, PhD:** "The World Psychiatric Association's Position Statement in Religion, Spirituality and Psychiatry"
- 6:00 – 7:00 pm **Round Table:** Dr. Koenig, Dr. Mercier, Dr. Schleich, Dr. Moreira-Almeida
- 7:00 pm Closing the Day

### Sunday, October 7<sup>th</sup>

- 9:30 – 9:45 am Greetings, video, artistic moment
- 9:45 – 10:35 am **Alexander Moreira-Almeida, MD, PhD:** "The Spiritual Experiences and the Understanding of the Mind-Brain Relationship"
- 10:35 – 11:25 am **Sergio Lopes, MD:** "The Triune Brain" [This lecture will be in Portuguese with translation to English]
- 11:25 – 11:40 am **Jennifer McCormick, MA, CMI:** Spiritual Art – short talk & slides
- 11:40 – 11:45 am Announcements from SMA-US
- 11:45 – 1:45 pm LUNCH
- 1:45 – 2:35 pm **Elaine Drysdale, MD:** "The Interface of Psychiatry, Spirituality and Near Death Experiences in Medical Practice"
- 2:35 – 3:25 pm **Jeffrey Rediger, MD, MDiv:** "A Medicine of Hope and Possibility"
- 3:25 – 3:40 pm BREAK
- 3:40 – 4:40 pm **Round Table:** Dr. Moreira-Almeida, Dr. Lopes, Dr. Drysdale, Dr. Rediger
- 4:40 pm Comments and closing prayer

**FOR MORE INFORMATION:** <http://congress2018.sma-us.org/>

**YOU ARE INVITED!**

# **From Miracles to Healing**

*Saturday, October 20, 2018*  
*2 pm – 6 pm*

Richmond Friends Meeting  
4500 Kensington Ave, Richmond, VA 23221

## **Program**

### **Short-talks on:**

Understanding Miracles  
Thoughts Create Life  
Mechanisms of Healing  
Jesus' Healings

## **Service**

Individualized Spiritual Treatment

(first-come, first-served basis)

Healing Within Meditation and Prayer

# **Tribute to 150 Years of Genesis**

**Free Admission**

(Bring a piece of used or new clothing drive to be given a local shelter)

